







**ROUTINE**

\*Establish good routines at home at the start and end of the day.

\*Agree when and where homework will be done and stick to it.

\*Establish rules around the use of electronic devises and TVs and try to avoid your child using these for at least half an hour before bedtime.

\*Encourage your child to have routines for organising themselves and their belongings ready for school.

**REST**

\*Ensure your child has a sensible bedtime during the week.

\*Reading in bed is a great way to relax and unwind which, in turn, can aid restful sleep.

\*Ensure your child has time to relax doing things they enjoy, like sports, crafts, walking, reading and playing.

\*Avoid too much time spent on additional work at home as the children will be very busy at school and too much pressure can have a negative effect on their learning.

**What can you do this year to help your child become an independent and responsible young person, who is a successful learner, ready to set sail for secondary school?**

**READ … ROUTINE … REMINDERS … REST**

**REMINDERS**

\*DO NOT do things for your child – just remind them to do them for themselves.

\*Have you remembered your swimming/PE kit?

\*Have you got/done/handed in your homework?

\*Have you got any letters?

\*Have you read?

\*Have you been on MyMaths/Hit the Button?



**READ**

\*Read every day.

\*Hear your child read.

\*Read to your child.

\*Read together.

\*Keep the reading record up to date.

\*Encourage your child to read a range of texts.

\*Support the ‘Watch Our Reading Grow’ scheme.

\*Use ‘Bug Club’.

\*Talk to your child about what they are reading.

\*Use the library (remember you can order books).

\*Give books as presents.

\*Use recommended book lists (found on line) to help your child choose books.