

Good morning, Orange Class!

It's Wednesday again, and there's a choice of Phonics, Maths, English and PE! What do you feel like starting with today? Remember, these are just ideas – maybe you'll do some gardening, help make lunch or bake some cakes instead!

Morning Reflection:

Choose a prayer from the selection on the Orange Class webpage:

<https://www.stmarysrc.e-sussex.sch.uk/orange-class-at-home>

Morning wake-up: Lots to choose from!

5-a-day Fitness Choose from lots of fun, short exercise and chill-out routines.

<https://player.5-a-day.tv/player>

Or try this **Brain Gym routine** – it looks fun!

<https://www.youtube.com/watch?v=388Q44ReOWE>

Or try today's **PE lesson with Joe Wicks!**

<https://www.youtube.com/playlist?list=PLyCLOpd4VxBvQafyve889qVcPxYEjdSTI>

Mathematics: Finding a quarter of an amount

Today we are going to follow White Rose Mathematics Summer Term, Week 2, Lesson 3

- When you click on the link you should see the lessons - choose lesson 3
- <https://whiterosemaths.com/homelearning/year-1/>
- Begin by clicking on the orange box – this is a video lesson which includes a 'flash back' exercise and a lesson (just over 6 minutes long)
- Be ready to hit the pause button to give yourself time to answer the questions
- If you then click on the pink tab 'Get the Activity' there is a short exercise to try
- There is no need to print out the sheets, you can answer the questions out loud, but the sheet is attached if you prefer to use it

And even more maths....! Sum Turnover Game

Try this game for a fun, quick-fire way to practice addition and number bonds!

<http://www.iseemaths.com/home-lessons/>

Scroll down to find the KS1 section and open the Sum Turnover video.

Phonics: Alien friends!

First practice all your sounds: see PowerPoint of Year 1 sounds on our Orange Class webpage.

Today's sound is: er (summer), ir (bird) and ur (hurt).

These are different ways of spelling the **same** sound.

What you need for this activity: the 'alien' and 'human' word cards attached (or cut some small pieces of paper and write the 'alien' and 'human' words!)

1. Ask a grown up to hide all the word cards around the room
2. When you find an 'alien' word, can you find a 'human' word it could be friends with by matching rhyming words with the same spellings of the 'er' sound? Eg alien word 'flurch' could be friends with the human word 'church'!

Remember to use your sound buttons to sound out the alien and the human words. Which part of the words are the rhyming parts?

Time for a Challenge!

- Can you extend your rhyming pairs into a rhyming string? How many rhyming words can you string together?
- Can you write a sentence using the human words from each pair?
- Can you make up some more alien words using the different ways of spelling the 'er' sound?

English: Writing Journal

We would really like everyone to keep having a go at writing as often as you can!

See the next page for an exciting inspiration for writing and some ideas to get you started!

PE: The Youth Sports Trust – PE at Home

Try out the PE game attached – there are lots more choices on their website:

<https://www.youthsporttrust.org/pe-home-learning>

Don't forget to send Mrs Tabassi-Gill lots of pictures of your work,
and the great learning you are all doing!

Writing Journal

It was a dark and stormy night....



Music at: https://www.youtube.com/watch?v=RIqI_IKifM

Have a look at this picture for a little while. Then listen to the music and look at the pictures at the link above.

Setting

What can you see?

Where is the picture? What landscape can you see?

What sounds would you hear if you were there?

What would it feel like to be there - is it warm or cold, sunny or cloudy....?

Characters

Who or what is in the picture? What does it / do they look like?

What are they doing? How might they be feeling?

Events

What might have happened just before the picture was taken? Or just after?

What do you think is happening in the picture?

Next set your timer for 3 mins or 5 mins, get ready with your amazing ideas, paper and a pencil and.....get writing!

Time for a Challenge!

- This is a dramatic picture with exciting music. What words could you use to show this?
- Can you add some adjectives (describing words) to your writing?
- Can you illustrate your writing with a dramatic picture?
- Try making your own dramatic music or sound effects.